Head-to-head Comparison of Transrectal Ultrasound-guided Prostate Biopsy Versus Multiparametric Prostate Resonance Imaging with Subsequent Magnetic Resonance-guided Biopsy in Biopsy-naïve Men with Elevated Prostate-specific Antigen: A Large Prospective Multicenter Clinical Study

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COMMENT

The use of multiparametric magnetic resonance imaging (mpMRI) reduces the insignificant and increases the significant prostate cancer detection (1).

This is level 1a evidence study included patients between 50-75 yr with a PSA > 3ng/ml. All men underwent mpMRI.

The results shows that the mpMRI pathway is noninferior to the ultrasound guided biopsy pathway in discover significant prostate cancer (sPCa) and is superior for detecting fewer insignificant cancers. So, it supports a no immediate biopsy approach for men with a non-suspicious mpMRI, missing only 4% of sPCa and avoiding 2.9% of complicated sepsis related to biopsy. This trial showed 2 times avoidance biopsy rates if compared with the PROMIS and the PRECISION trials (2, 3).
CONFLICT OF INTEREST

None declared.

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